



Te Manu Tutuia

Couples & Whānau Therapy Weekend

THERAPEUTIC FOCUS

- ✓ Challenging ingrained history of negative whānau issues with a focus on violence
- ✓ Identifying and addressing unwanted behaviours
- ✓ Developing skills and the use of tools and resources to change those behaviours
- ✓ Developing plans for individuals, couples, wider whānau, and community networks to aid in the healing journey
- ✓ Follow up counselling and services as required

COMPONENTS

- ✓ 3 day/2 night noho Therapist & Counselling specialists
- ✓ Group categories: Couples groups, Children of couples, Wider whānau groups
- ✓ Community champion

CRITERIA

- ✓ Couples/Whānau groups must be willing participants
- ✓ There is no age limit although, it is likely that couples will be grouped based on age and dynamics to optimise the therapeutic setting.



FIND OUT MORE

- ✓ Visit our website or send us an email

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www.innov8group.co.nz